

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: SHARK

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wouters Maxim HEADCOACH

Coaches: Feyten Anne

Coaches: Bierinckx Kris

Coaches: Dierckx Davy

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+ Heat:16, starttime: 09:30

Heat: 16/27 Lane : 2 Athlete: VAN LOMMEL ANTHE Q-time: 01:09:27

PB (50m pool): 01:09.00 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (25m pool): 01:09.27 SB: 01:09.00 Olympic Pool Wezenberg, Antwer 29/03/2026

	5 0 M	1 0 0 M	
PB	00:32.63	01:09.00	
	00:32.63	00:36.37	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+ Heat:18, starttime: 09:30

Heat: 18/27 Lane : 1 Athlete: DIERCKX FEMKE Q-time: 01:08:15

PB (50m pool): 01:09.44 Wezenberg 01/02/2026 PB (25m pool): 01:08.15 SB: 01:09.44 Wezenberg 01/02/2026

	5 0 M	1 0 0 M	
PB	00:33.01	01:09.44	
	00:33.01	00:36.43	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+ Heat:22, starttime: 09:40

Heat: 22/27 Lane : 7 Athlete: ERTVELDT KLAARTJE Q-time: 01:04:45

PB (50m pool): 01:06.70 Wezenberg 03/01/2026 PB (25m pool): 01:04.45 SB: 01:06.70 Wezenberg 03/01/2026

	5 0 M	1 0 0 M	
PB	00:32.22	01:06.70	
	00:32.22	00:34.48	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: SHARK

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:23, starttime: 09:40
Heat: 23/27 Lane : 5 Athlete: BELLENS LORE			Q-time: 01:03:45
PB (50m pool): 01:05.76 Wezenberg 03/01/2026			PB (25m pool): 01:03.45 SB: 01:05.76 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:31.52	01:05.76	
	00:31.52	00:34.24	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:25, starttime: 09:40
Heat: 25/27 Lane : 6 Athlete: BOVEN AXELLE			Q-time: 00:59:50
PB (50m pool): 01:01.54 Antwerpen 08/03/2026			PB (25m pool): 00:59.50 SB: 01:01.54 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:29.51	01:01.54	
	00:29.51	00:32.03	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:26, starttime: 09:45
Heat: 26/27 Lane : 2 Athlete: MERTENS HELENA			Q-time: 01:00:37
PB (50m pool): 01:01.70 SportinGenk Park 21/04/2025			PB (25m pool): 01:00.37 SB: 01:02.31 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:30.12	01:01.70	
	00:30.12	00:31.58	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:27, starttime: 09:45
Heat: 27/27 Lane : 8 Athlete: BIERINCKX MIE			Q-time: 01:01:77
PB (50m pool): 01:04.15 Wezenberg 04/01/2026			PB (25m pool): 01:01.77 SB: 01:04.15 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:30.27	01:04.15	
	00:30.27	00:33.88	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: SHARK

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 10:00
Heat: 5/24 Lane : 4 Athlete: BELLENS PIETER			Q-time: 01:46:73
PB (50m pool): 01:48.66 SportinGenk Park 06/04/2026			PB (25m pool): 01:46.73 SB: 01:48.66 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:51.25	01:48.66	
	00:51.25	00:57.41	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 10:15
Heat: 12/24 Lane : 1 Athlete: MERTENS DIETER			Q-time: 01:30:11
PB (50m pool): 01:33.92 Antwerpen 08/03/2026			PB (25m pool): 01:30.11 SB: 01:33.92 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:44.81	01:33.92	
	00:44.81	00:49.11	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 10:20
Heat: 16/24 Lane : 9 Athlete: VAN GORP TUUR			Q-time: 01:23:70
PB (50m pool): 01:25.07 Antwerpen 15/03/2026			PB (25m pool): 01:23.70 SB: 01:25.07 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.12	01:25.07	
	00:40.12	00:44.95	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 10:25
Heat: 19/24 Lane : 3 Athlete: FEYEN AEDEN			Q-time: 01:18:44
PB (50m pool): 01:24.75 Wezenberg 01/02/2026			PB (25m pool): 01:18.44 SB: 01:24.75 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:39.36	01:24.75	
	00:39.36	00:45.39	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: SHARK

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:14, starttime: 11:20
Heat: 14/25 Lane : 4 Athlete: VAN LOMMEL ANTHE			Q-time: 01:22:18
PB (50m pool): 01:25.22 Wezenberg 04/01/2026			PB (25m pool): 01:22.18 SB: 01:25.22 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:40.64	01:25.22	
	00:40.64	00:44.58	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:16, starttime: 11:25
Heat: 16/25 Lane : 3 Athlete: DIERCKX FEMKE			Q-time: 01:19:31
PB (50m pool): 01:22.61 Antwerpen 15/03/2026			PB (25m pool): 01:19.31 SB: 01:22.61 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.42	01:22.61	
	00:39.42	00:43.19	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:17, starttime: 11:25
Heat: 17/25 Lane : 0 Athlete: ERTVELDT KLAARTJE			Q-time: 01:18:78
PB (50m pool): 01:21.90 Wezenberg 03/01/2026			PB (25m pool): 01:18.78 SB: 01:21.90 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.76	01:21.90	
	00:39.76	00:42.14	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:24, starttime: 11:40
Heat: 24/25 Lane : 0 Athlete: BELLENS LORE			Q-time: 01:11:81
PB (50m pool): 01:14.93 Wezenberg 01/02/2026			PB (25m pool): 01:11.81 SB: 01:14.93 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:36.72	01:14.93	
	00:36.72	00:38.21	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: SHARK

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:24, starttime: 11:40
Heat: 24/25 Lane : 5 Athlete: BOVEN AXELLE			Q-time: 01:08:00
PB (50m pool): 01:11.57 Antwerpen 08/03/2026			PB (25m pool): 01:08.00 SB: 01:11.57 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.36	01:11.57	
	00:34.36	00:37.21	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:25, starttime: 11:40
Heat: 25/25 Lane : 2 Athlete: MERTENS HELENA			Q-time: 01:09:74
PB (50m pool): 01:14.51 Wezenberg 05/01/2025			PB (25m pool): 01:09.74 SB: 01:16.13 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:36.28	01:14.51	
	00:36.28	00:38.23	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:25, starttime: 11:40
Heat: 25/25 Lane : 6 Athlete: BIERINCKX MIE			Q-time: 01:09:45
PB (50m pool): 01:14.06 Antwerpen 08/03/2026			PB (25m pool): 01:09.45 SB: 01:14.06 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.43	01:14.06	
	00:35.43	00:38.63	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 1 Athlete: BELLENS PIETER			Q-time: 01:40:23
PB (50m pool): 01:38.81 SportinGenk Park 06/04/2026			PB (25m pool): 01:40.23 SB: 01:38.81 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:44.32	01:38.81	
	00:44.32	00:54.49	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: SHARK

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 11:55
Heat: 6/22 Lane : 5 Athlete: VAN GORP TUUR			Q-time: 01:29:49
PB (50m pool): 01:53.48 SportinGenk Park 21/04/2025			PB (25m pool): 01:29.49 SB: no time
	5 0 M	1 0 0 M	
PB	00:48.24	01:53.48	
	00:48.24	01:05.24	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 12:05
Heat: 11/22 Lane : 5 Athlete: FEYEN AEDEN			Q-time: 01:17:05
PB (50m pool): 01:19.60 Antwerpen 15/03/2026			PB (25m pool): 01:17.05 SB: 01:19.60 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.11	01:19.60	
	00:34.11	00:45.49	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 12:05
Heat: 13/22 Lane : 8 Athlete: MERTENS DIETER			Q-time: 01:15:08
PB (50m pool): 01:16.04 Antwerpen 20/07/2025			PB (25m pool): 01:15.08 SB: 01:20.59 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:35.52	01:16.04	
	00:35.52	00:40.52	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:18, starttime: 12:15
Heat: 18/22 Lane : 0 Athlete: BERTELS QUILLAN			Q-time: 01:05:42
PB (50m pool): 01:09.89 Antwerpen 15/03/2026			PB (25m pool): 01:05.42 SB: 01:09.89 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:30.62	01:09.89	
	00:30.62	00:39.27	
			

Coach feedback: